> Probiotics

UltraFlora[®] BiomePro Multistrain. Clinically effective doses.*

A growing body of scientific studies points to the many ways probiotics may benefit overall health, and it goes beyond just supporting gut function.* Not all probiotic strains are created equal. Many probiotic formulas are not strain-identified—meaning they only list the genus and species on the bottle. However, only specific strains have been demonstrated to be clinically effective. It's a common myth that the higher the dose of a probiotic, the better the results. The fact is that the dose and the strain should be based on published scientific and clinical data.

Why UltraFlora BiomePro?

- Features eight clinically studied probiotic strains to support gastrointestinal/GI health and immune health*
- A daily formula offering multidimensional support for a healthy intestinal environment*
- 105 billion CFU in one capsule
- CFU guaranteed through the end of expiration
- Shelf-stable packaging; no refrigeration required

Eight strains offered at clinically effective doses

Genus	Species	Strain	CFU (Billions)
Lactobacillus	acidophilus	NCFM	12.5
Bifidobacterium	lactis	Bi-07	12.5
Bifidobacterium	lactis	BI-04	20
Lactobacillus	plantarum	Lp-115	20
Lactobacillus	rhamnosus	GG	20
Bifidobacterium	lactis	HN019	5
Lactobacillus	rhamnosus	HN001	5
Lactobacillus	paracasei	Lpc-37	10

Scientific rationale

The multistrain complex offering clinically effective doses features the following strains:

Metagenics 105 Billion CFU¹ UltraFlora

BiomePro

- Lactobacillus acidophilus NCFM and Bifidobacterium lactis Bi-07 at doses shown to provide relief from occasional GI discomfort*
- Lactobacillus acidophilus NCFM, Bifidobacterium lactis Bi-07, Lactobacillus paracasei Lpc-37, and Bifidobacterium lactis BI-04 shown to support healthy intestinal microbial stability and relief of occasional loose stools*
- Bifidobacterium lactis BI-04 and combination of Lactobacillus acidophilus NCFM and Bifidobacterium lactis Bi-07 to support healthy respiratory function*
- Bifidobacterium lactis HN019 and Lactobacillus rhamnosus HN001, which may support healthy immune cell function*
- Bifidobacterium lactis HN019, which may help support healthy gastrointestinal motility*
- Lactobacillus rhamnosus GG, one of the most widely studied strains for gastrointestinal and immune health benefits*
- Lactobacillus plantarum LP-115, which is one of the Lactobacillus strains in the complex that supports healthy immune function*



UltraFlora BiomePro

Form: 30 capsules⁺

A proprietary multistrain probiotic blend of:	453.67 mg (105 billion CFU) [#]
Lactobacillus acidophilus NCFM ⁺⁺⁺	3
Lactobacillus rhamnosus GG	
Lactobacillus plantarum Lp-115	
Bifidobacterium lactis BI-04	
Bifidobacterium lactis Bi-07 ⁺⁺⁺	
Lactobacillus paracasei Lpc-37	
Lactobacillus rhamnosus HN001	
Bifidobacterium lactis HN019	
Other Ingredients: Microcrystalline cellulose, capsule (h magnesium stearate (vegetable), and silica.	nydroxypropylmethylcellulose),
Directions: Take one capsule daily or as directed by y	our healthcare practitioner.
This product is non-GMO, gluten-free, and vegeta	arian

Tamper evident: Do not use if safety seal is missing or broken.

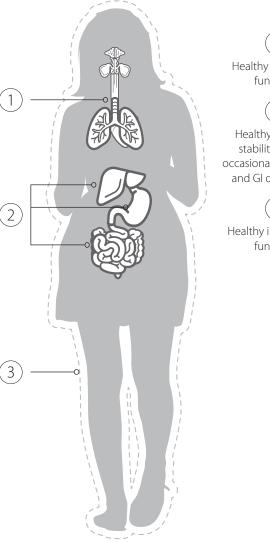
Storage: No refrigeration required. Store below 75°F.

¹Vegetarian capsule ¹¹At date of expiration. ¹¹Bi-07* and NCFM* are registered trademarks licensed by DuPont.

Debunking the myths about probiotics

Myths About Probiotics	Facts About Probiotics	
All probiotic strains are created equal.	Only a handful of probiotic strains have been clinically shown to support human health.	
Better quality probiotics don't require temperature- controlled environments.	Storage conditions for a quality probiotic are supported by stability studies and may differ by strain, formulation, and packaging.	
The higher the dose of a probiotic, the better the results.	The dose should be based on published scientific and clinical data on specific strains.	
Guaranteed potency at the time of production and expiration is the same thing.	Only products that guarantee viability with colony-forming units (CFU) at expiration ensure reliable dosing from start to finish.	
The more strains, the better the probiotic.	Strain selection should be based on scientific evidence that the strains provide a benefit.	

Probiotics influence more than just gut health*



(1) Healthy respiratory function*

(2) Healthy microbial stability, relief of occasional loose stools and GI discomfort*

(3)

Healthy immune cell function*

> Talk to your healthcare practitioner

about UltraFlora BiomePro

or visit Metagenics.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Complementary products

- **PhytoMulti**[®]—A proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness*
- OmegaGenics[®] EPA-DHA 1000—Helps support cardiovascular, musculoskeletal, and immune system health*
- + $D_3 5000$ —High-potency, bioavailable vitamin D