How do you really feel?
You may benefit from a science-based metabolic detoxification program.

- Do you often feel tired or have a lack of energy?
- Do you have sore muscles for no apparent reason?
- Do you have difficulty concentrating?
- Are you easily irritated or moody?
- Do you have trouble sleeping?
- Do you wake up feeling unrefreshed?
- Do you feel bloated or gain weight easily?
- Do you have digestive or intestinal discomfort?
- Do you feel like you’re not as healthy as other people your age?

If you answered “yes” to any of the questions above, then ask your healthcare provider about the potential benefits of a metabolic detoxification program.

Experience the Clear Change Difference

With juicing and fasting cleanses, your body is deprived of essential nutrients. Through a targeted nutritional approach, Clear Change offers clinically tested detoxification support that can lead to increased energy levels and contribute to overall wellness to help you feel your best.*

<table>
<thead>
<tr>
<th>Feature</th>
<th>Clear Change Program</th>
<th>Leading Competitors</th>
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<tbody>
<tr>
<td>More than 20 years of worldwide clinical use with thousands of satisfied customers</td>
<td>✔️</td>
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<tr>
<td>Scientifically formulated program containing nutritional supplementation and food plan</td>
<td>✔️</td>
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<td>Safe and effective practitioner-supervised program</td>
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<td>Easy-to-follow 10-day and 28-day detoxification programs</td>
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<tr>
<td>Comprehensive patient support, including a daily menu guide, recipes, and online tools</td>
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Learn more at [ClearChangeProgram.com](http://ClearChangeProgram.com)

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
**Staying Healthy in Today’s Environment**

With new harmful compounds such as industrial chemicals and pollutants being produced every year—infiltrating our soil, air, water, and food supply—exposure is an unfortunate yet unavoidable fact of modern life. A “harmful compound” refers to any substance that has the potential to interfere with cellular function and our health. Our bodies are designed to be able to process and remove these harmful compounds via key elimination channels, including our digestive system, liver, and kidneys. However, individuals may vary in how harmful compounds affect their health.

**Are you feeling the signs of “environmental overload”?**

Over time, the buildup of unhealthy chemicals from the environment and lifestyle choices may compromise the way your body works, and can even affect your health. The first subtle signs of environmental burden may include a lack of energy or feeling physically or mentally “run down.” You can help by supporting your body’s ability to remove unwanted and potentially harmful compounds.*

**Environmental overload resistance**

This describes your ability to process and eliminate harmful compounds effectively and refers to the impact they may be having on your health. In the modern world, it’s less common for health issues to arise due to high levels of exposure to a single compound. Rather, health challenges may arise as a result of the additive effects of low-level exposure to a broad range of dietary and environmental compounds.

With support and guidance from your healthcare practitioner, following a detoxification program can be one of the most effective strategies for promoting better health.*

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**The Clear Change® Program**

Safe and effective metabolic detoxification program without the hassles or hunger*

The Clear Change Program was scientifically designed to support the body’s natural process of metabolic detoxification—helping to remove unwanted compounds to keep your body running and feeling its best.*

**This clinically designed program includes:**

- Targeted support with a nutritional supplement, powdered nutritional product, and shaker cup
- Program guide with easy-to-follow instructions, menu plans, and recipes
- Low-allergy-potential food plan with a wide range of choices and no calorie restrictions
- Online support, including FAQs and helpful lifestyle tips

**A smart routine for long-term wellness**

It takes just 10 days to do something great for your health and energy metabolism. Make it a regular part of your plan for more vibrant living as you age. Think of it as a “spring cleaning” or tune-up to clear out some of the junk and get your body back to its peak cleansing performance again. It’s a habit that may benefit long-term wellness and help keep you feeling your best.*

**A better plan for metabolic detoxification**

The Clear Change Program enhances the body’s natural metabolic detoxification process while providing adequate fuel for both cleansing and other daily activities, supporting energy metabolism and overall well-being. It includes science-based nutritional recommendations for balanced metabolic detoxification support, along with a simple eating plan that removes common foods that can increase internal burden. Best of all, you can still enjoy a variety of solid foods without going hungry.*

**Talk to your healthcare provider today or visit ClearChangeProgram.com to learn more.**

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**Try great tasting UltraClear® RENEW natural berry flavor included in the Clear Change Metabolic Detoxification Program.**

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**Not all detoxification programs are “safe”**

A science-based detoxification program can be an important step in promoting better health, as it will help clear unwanted compounds out of your body and may leave you feeling better and more energized.*

You should always consult with a trained healthcare practitioner prior to starting a detoxification regimen for guidance and support.*

**Stay feeling your best after the program**

After you’ve finished the program, follow up with Clear Change® Daily Essentials—convenient, once-daily nutritional support packets. Clear Change Daily Essentials features 3 premium nutritional supplements designed to complement your daily foundation nutrition program and support metabolic detoxification maintenance. This 1-month box features AdvaClear®, GlutaClear®, and Renagen™ DTX supplements for ongoing multidimensional detoxification support.*