A growing body of scientific studies points to the many ways probiotics may benefit overall health, and it goes beyond just supporting gut function.* Not all probiotic strains are created equal. Many probiotic formulas are not strain-identified—meaning they only list the genus and species on the bottle. However, only specific strains have been demonstrated to be clinically effective. It’s a common myth that the higher the dose of a probiotic, the better the results. The fact is that the dose and the strain should be based on published scientific and clinical data.

**Why UltraFlora BiomePro?**

- Features eight clinically studied probiotic strains to support gastrointestinal/GI health and immune health*  
- A daily formula offering multidimensional support for a healthy intestinal environment*  
- 105 billion CFU in one capsule  
- CFU guaranteed through the end of expiration  
- Shelf-stable packaging; no refrigeration required

**Eight strains offered at clinically effective doses**

<table>
<thead>
<tr>
<th>Genus</th>
<th>Species</th>
<th>Strain</th>
<th>CFU (Billions)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lactobacillus</td>
<td>acidophilus</td>
<td>NCFM</td>
<td>12.5</td>
</tr>
<tr>
<td>Bifidobacterium</td>
<td>lactis</td>
<td>Bi-07</td>
<td>12.5</td>
</tr>
<tr>
<td>Bifidobacterium</td>
<td>lactis</td>
<td>Bi-04</td>
<td>20</td>
</tr>
<tr>
<td>Lactobacillus</td>
<td>plantarum</td>
<td>Lpc-115</td>
<td>20</td>
</tr>
<tr>
<td>Lactobacillus</td>
<td>rhamnosus</td>
<td>GG</td>
<td>20</td>
</tr>
<tr>
<td>Bifidobacterium</td>
<td>lactis</td>
<td>HN019</td>
<td>5</td>
</tr>
<tr>
<td>Lactobacillus</td>
<td>rhamnosus</td>
<td>HN001</td>
<td>5</td>
</tr>
<tr>
<td>Lactobacillus</td>
<td>paracasei</td>
<td>Lpc-37</td>
<td>10</td>
</tr>
</tbody>
</table>

**Scientific rationale**

The multistrain complex offering clinically effective doses features the following strains:

- *Lactobacillus acidophilus* NCFM and *Bifidobacterium lactis* Bi-07 at doses shown to provide relief from occasional GI discomfort*  
- *Lactobacillus acidophilus* NCFM, *Bifidobacterium lactis* Bi-07, *Lactobacillus paracasei* Lpc-37, and *Bifidobacterium lactis* Bi-04 shown to support healthy intestinal microbial stability and relief of occasional loose stools*  
- *Bifidobacterium lactis* Bi-04 and combination of *Lactobacillus acidophilus* NCFM and *Bifidobacterium lactis* Bi-07 to support healthy respiratory function*  
- *Bifidobacterium lactis* HN019 and *Lactobacillus rhamnosus* HN001, which may support healthy immune cell function*  
- *Bifidobacterium lactis* HN019, which may help support healthy gastrointestinal motility*  
- *Lactobacillus rhamnosus* GG, one of the most widely studied strains for gastrointestinal and immune health benefits*  
- *Lactobacillus plantarum* LP-115, which is one of the *Lactobacillus* strains in the complex that supports healthy immune function*
UltraFlora BiomePro

Form: 30 capsules
Serving size: 1 capsule

A proprietary multistrain probiotic blend of: 453.67 mg (105 billion CFU)
- Lactobacillus acidophilus NCFM™
- Lactobacillus rhamnosus GG
- Lactobacillus plantarum Lp-115
- Bifidobacterium lactis BI-04
- Bifidobacterium lactis Bi-07™
- Lactobacillus paracasei Lpc-37
- Lactobacillus rhamnosus HN001
- Bifidobacterium lactis HN019

Other Ingredients: Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), magnesium stearate (vegetable), and silica.

Directions: Take one capsule daily or as directed by your healthcare practitioner.

This is product is non-GMO, gluten-free, and vegetarian.

Tamper evident: Do not use if safety seal is missing or broken.

Storage: No refrigeration required. Store below 75°F.

†Vegetarian capsule
†At date of expiration.
††Bi-07® and NCFM® are registered trademarks licensed by DuPont.

Debunking the myths about probiotics

<table>
<thead>
<tr>
<th>Myths About Probiotics</th>
<th>Facts About Probiotics</th>
</tr>
</thead>
<tbody>
<tr>
<td>All probiotic strains are created equal.</td>
<td>Only a handful of probiotic strains have been clinically shown to support human health.</td>
</tr>
<tr>
<td>Better quality probiotics don’t require temperature-controlled environments.</td>
<td>Storage conditions for a quality probiotic are supported by stability studies and may differ by strain, formulation, and packaging.</td>
</tr>
<tr>
<td>The higher the dose of a probiotic, the better the results.</td>
<td>The dose should be based on published scientific and clinical data on specific strains.</td>
</tr>
<tr>
<td>Guaranteed potency at the time of production and expiration is the same thing.</td>
<td>Only products that guarantee viability with colony-forming units (CFU) at expiration ensure reliable dosing from start to finish.</td>
</tr>
<tr>
<td>The more strains, the better the probiotic.</td>
<td>Strain selection should be based on scientific evidence that the strains provide a benefit.</td>
</tr>
</tbody>
</table>

Probiotics influence more than just gut health*

- Healthy respiratory function*
- Healthy microbial stability, relief of occasional loose stools and GI discomfort*
- Healthy immune cell function*

Debunking the myths about probiotics

Myths About Probiotics                              Facts About Probiotics
All probiotic strains are created equal. Only a handful of probiotic strains have been clinically shown to support human health.
Better quality probiotics don’t require temperature-controlled environments. Storage conditions for a quality probiotic are supported by stability studies and may differ by strain, formulation, and packaging.
The higher the dose of a probiotic, the better the results. The dose should be based on published scientific and clinical data on specific strains.
Guaranteed potency at the time of production and expiration is the same thing. Only products that guarantee viability with colony-forming units (CFU) at expiration ensure reliable dosing from start to finish.
The more strains, the better the probiotic. Strain selection should be based on scientific evidence that the strains provide a benefit.

Complementary products
- PhytoMulti®—A proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness*
- OmegaGenics® EPA-DHA 1000—Helps support cardiovascular, musculoskeletal, and immune system health*
- D₃ 5000—High-potency, bioavailable vitamin D

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Talk to your healthcare practitioner about UltraFlora BiomePro or visit Metagenics.com