



Green Power Punch

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| 2 scoops UltraGI Replenish®—Vanilla flavor | 2 tsp. ginger, grated |
| 4 oz. almond milk, unsweetened | ¼ cup cilantro, chopped |
| 1 cup spinach | 4 oz. water |
| 1 small peach, diced | Ice (if desired) |
| ¼ lemon, juiced | |

Directions:

Combine all ingredients in a blender and blend to desired consistency. Adjust water or ice for desired thickness.

Nutrient Analysis:

Total calories: 244
Fat: 6 g
Total carbohydrates: 33 g
Fiber: 10 g
Added sugars: 0 g
Protein: 15 g

Talk to your healthcare practitioner today about **medical foods** or visit [Metagenics.com/static/medical_foods/1.html](https://www.metagenics.com/static/medical_foods/1.html)



NOTICE: THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

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