

Ask your doctor if UltraFlora Women's is right for you.



## UltraFlora® Women's

Not just a probiotic; a science-based approach to better vaginal health\*

A 2021 survey<sup>†</sup> of patients taking UltraFlora Women's found that 79% of women said they experienced a positive change in their vaginal health.\*

Our **TruQuality™** transparency program provides you with purity and potency data on each lot of probiotics produced so you know exactly what's in the bottle. Check it out for yourself at [Metagenics.com/truquality](https://www.metagenics.com/truquality) using the lot number **B04200564**.

Questions? Call Metagenics at **800.692.9400**  
Visit [UltraFloraWomens.com](https://www.UltraFloraWomens.com) to learn more

#### References:

1. Food and Agriculture Organization and World Health Organization Expert Consultation. Evaluation of health and nutritional properties of powder milk and live lactic acid bacteria. Córdoba, Argentina: Food and Agriculture Organization of the United Nations and World Health Organization; 2001.
2. Floch MH et al. *J Clin Gastroenterol*. 2015;49(1):569-573.
3. Reid G et al. *FEMS Immunol Med Microbiol*. 2006;30(1):49-52.
4. Reid G et al. *FEMS Immunol Med Microbiol*. 2001;32(1):37-41.
5. Reid G et al. *J Med Food*. 2004;7(2):223-228.
6. Reid G et al. *FEMS Immunol Med Microbiol*. 2003;35(2):131-134.

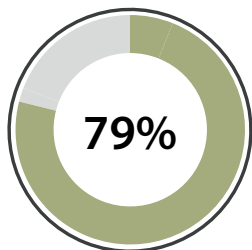
\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



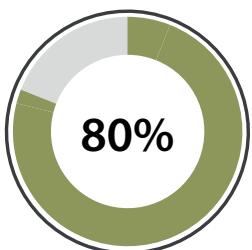
<sup>†</sup>Survey conducted by Metagenics, Inc. in 2021 with 172 women currently or previously taking UltraFlora Women's.

# Want in on a little secret?

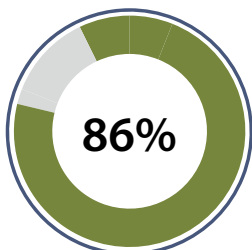
There's a simple approach to better vaginal health.\* Here's what a survey<sup>††</sup> of women who have taken UltraFlora Women's had to say about their experience.



79% reported having improved quality of life\*



80% experienced a health benefit after taking UltraFlora Women's\*



86% said they would recommend UltraFlora Women's to a friend or family member



After taking UltraFlora Women's, I have more confidence when it comes to my feminine health."

—Patient testimonial

<sup>††</sup>Survey conducted by Metagenics, Inc. in 2020 with 96 women currently taking UltraFlora Women's.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Self-care for down there

Yes, this is referring to your vagina. And an oral probiotic can help you do that. When you hear the word probiotic, gut health is likely the first thing that pops into your mind. Probiotics are "good" live microorganisms (like bacteria) that can be beneficial to health.<sup>1</sup> And while many strains of probiotics do target gut health, as the gut is filled with these live microorganisms, the probiotic strains in UltraFlora Women's specifically impact feminine health. Because believe it or not, the vagina also plays host to a variety of bacteria that (when out of whack) can disrupt feminine health.\* The two probiotic strains in UltraFlora Women's are *Lactobacillus rhamnosus* GR-1 and *Lactobacillus reuteri* RC-14 and have been:

- ✓ Trusted for use by practitioners for 7 years\*
- ✓ Considered safe and clinically effective\*

## How do oral probiotics reach the vaginal tract?

UltraFlora Women's is a capsule you take orally. So the probiotic strains in UltraFlora Women's work by traveling through the digestive tract to the vaginal tract.<sup>3</sup> Research shows that once there, the two probiotic strains work to help maintain a healthy feminine environment by increasing the number of good bacteria.\*<sup>4,6</sup>

